



**Dr Tassos Georgiou**

*Director and founder of Ophthalmos Research and Educational Institute*

Dr Tassos Georgiou is the director and founder of Ophthalmos Research and Educational Institute in Nicosia, Cyprus. He divides his time between retina research and clinical practise in General Ophthalmology with a special emphasis in medical and surgical treatment of diseases of the retina and vitreous. He trained at Leeds University in England and he is a Member of the Royal College of Ophthalmologist.

His lab at Ophthalmos Research and Educational Institute investigates the effects of high doses of omega 3 fatty acids against inherited and acquired ocular disorders. He has recently been able to demonstrate that dietary intake of omega 3 fatty acids at a specific dose so that the blood AA/EPA ratio is within a therapeutic range can protect against macular degenerations and optic neuropathies.

Dr Georgiou has authored peer reviewed research articles, has 2 book chapters and patents for treating retinal diseases, optic nerve diseases and dry eyes with omega 3 fatty acids.

He is currently the Principal Investigator of a multicentre phase 2 clinical study in Europe to investigate the effects of omega 3 fatty acids on dry macular degeneration and a multicentre phase 2 clinical study in Europe for Stargardt disease. A phase 3 clinical study is towards the end in USA sponsored by the National Eye Institute to study the effects of the patented omega 3 fatty acid on dry eyes.