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Theodoros Xanthos MD, Pg Dip (Ed), MSc, PhD, FHEA, FAcadMed FERC, FCP has studied Medicine in the University of Athens, and has specialized in Internal Medicine in Cardiology both in Greece and in London (UK). He has obtained his PhD from the University of Athens and he has also a Post Graduate Diploma on Medical Education from the University of Cardiff, an MSc on Clinical Toxicology from the University of Cardiff and an MRes on Higher Education from the University of Liverpool. He is a European Resuscitation Council (ERC) Course Director Organizer for all its courses and he is furthermore an ERC educator. He is a member of the working group of ERC Advanced Life Support and he is one of the authors for the guidelines on Resuscitation for 2015. He is also a reviewer and an author for the International Liaison Committee on Resuscitation and he has worked on the worksheets regarding Hypothermia post arrest. He is also a Fellow of Academy of Medical Educators a Fellow of the Higher Education Academy, a Fellow of the European Resuscitation Council and a Fellow of the American Academy of Clinical Pharmacology. He has worked for the University of Athens and he was appointed as a Professor of Pharmacology for Midwestern University of Chicago and as a Professor of Resuscitation for the School of Specialization for the University of Cagliari. He holds several awards, patents and has received many scholarships from various Organizations. He is also the Current Chair of the ERC Social Media Working Group. He has published extensively on pharmacology, physiology and pathophysiology along with healthcare education. He has an impact factor of more than 890 with publications in prestigious journals, such as the Lancet. His citations are more than 5000 and his h index is 32. He has been a visiting scholar in many Universities and has received several awards for his teaching skills.